

TODAY'S RAPIDLY CHANGING WORKPLACE REQUIRES THE MOST CURRENT KNOWLEDGE AND SKILLS. OTEC DELIVERS THE SPECIALIZED TRAINING NEEDED TO SUPPORT LEADERS AT EVERY STAGE THROUGHOUT THEIR CAREERS.

The **EMERGING LEADERS SERIES** provides the foundational skills to lead others, communicate effectively, and handle conflict.

### WHO SHOULD ATTEND

- New leaders
- Future leaders
- Students

### **SESSION DETAILS**

- The series is offered in person, virtually or via e-learning and can be taken in its entirety or as separate modules
- Interactive and engaging
- Participants receive certificate upon completion

# COMMUNICATION AND EQ FOR YOUNG LEADERS

In this interactive course, you'll learn how different communication styles (introvert, extrovert, process focus and people focus) influence our behaviour and day-to-day situations. Learn how to understand, manage and leverage emotional intelligence (EQ) to effectively deal with conflict and relate to others more effectively.

### **LEADING FOR EXCELLENCE**

Develop techniques to successfully lead, engage and motivate team members to build credibility and positive working relationships. You'll learn how to identify the difference between managing and leading, leadership best practices and roadblocks, and when to use different leadership styles to improve relationships and build trust.

#### **TEAM BUILDING FOR EXCELLENCE**

Young leaders will learn how to effectively communicate, build strong sustainable relationships, resolve conflict and contribute to a team environment. You'll understand what makes a high performing team, how to assess a team's alignment and success, and the elements of building team trust.

## **CONFLICT MANAGEMENT**

Learn skills to deal with conflict by exploring your own conflict style and identifying ways to avoid and resolve conflict. Learn how to identify conflict style, develop a conflict strategy, and use emotional intelligence knowledge and awareness to avoid and resolve conflict.

