

Intensive Leadership Training Series

# Communicating for Excellence



Instructor-led. Virtual and in-person options.

**Great leaders need great communication skills. In this comprehensive, interactive workshop, participants will learn how different communication styles can influence daily interactions and help build strong teams.**

**Designed for leaders seeking to enhance their skills and advance their careers, this workshop explores the fundamentals of emotional intelligence (EQ) and how it contributes to the effectiveness of your workplace communication.**

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## LEARN HOW TO:

1. Identify different communication styles and how they drive behaviour.
2. Use effective communication to foster constructive workplace and personal interactions.
3. Recognize key components of emotional intelligence and how it affects your communication style.
4. Defuse emotional conversations and increase positive outcomes with colleagues and clients.

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## SESSION DETAILS:

- Half-day workshop
- Instructor-led, either in-person or virtually
- Participants receive a certificate upon completion
- Delivered by certified, experienced leadership coaches & trainers

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## DESIGNED FOR:

- Emerging and new leaders
- Supervisory staff
- Managers